

# FORMATION OF FOSTER CHILDREN'S MORALS THROUGH A COACHING PROGRAM AT THE ORPHANAGE OF THE PUTERA HARAPAN MUHAMMADIYAH CHILDREN'S SOCIAL WELFARE INSTITUTION

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## Abstract

*An orphanage is a social institution that is a place for children who need education, affection, attention and example. Because basically the orphanage is a place to prosper orphans, orphans, the poor, and so on. According to the information obtained, there are several problems that occur in foster children such as undiscipline, rude words, disrespectfulness, and disrespect for coaches. This is the background of researchers in the Formation of Foster Children's Morals through Coaching Programs in Orphanages. The implementation of good moral formation follows the pattern of orphanage education. and the overwhelming evidence of orphanage alumni who have an important role in society. The purpose of the orphanage is to mold people so that they are not abandoned and have proper education and have no attention to their families. This study aims to determine the moral formation program of foster children, the implementation of the foster child moral development program, supporting factors (internal and external) and inhibiting factors (internal and external), as well as the impact that occurs in the formation of foster children's morals through moral development programs in orphanages. The method used in this study is descriptive analysis with a qualitative approach related to the method. The data collection method is through interviews, observations, and documentation studies, with triangulation analysis techniques. The results showed that the moral formation program has a fairly good impact in improving noble morals, this is shown by improving: 1). discipline, 2). honesty.*

Keywords: *Coaching, Morals, Discipline.*

## 1. INTRODUCTION

The formation of foster children's morals is one of the important aspects in the development of the character and morals of the younger generation. Orphanages as social institutions have a crucial role in shaping the morals of the children under their care. Children living in orphanages often come from disadvantaged backgrounds, both economically, family, and socially. This instability can cause them to face a variety of complex psychological and emotional problems, such as low self-confidence, difficulty in social interaction, and a high risk of deviant behavior. Therefore, a structured and effective coaching program in orphanages becomes very vital to help them develop good moral values, social skills, and strong personalities. This coaching program not only aims to provide education and knowledge, but also to create an environment that supports children's emotional and moral growth. Through specially designed activities, such as counseling guidance, religious

activities, life skills training, and positive social interaction, foster children are given opportunities to develop their full potential (Merentek, 2022).

The holistic approach to the orphanage program also includes giving each child personal, individualized attention. The caregivers and coaches in the orphanage act as parental figures who provide the necessary love, support, and guidance. With this approach, foster children can feel the affection and attention they may lack from their families of origin. This helps create a sense of security and confidence, which is an important basis in the formation of good morals. In addition, the orphanage also acts as a place for children to learn about social values, such as cooperation, tolerance, and responsibility. Through daily activities that involve cooperation and social interaction, children are taught to respect and respect others, understand differences, and work together in achieving common goals. Thus, the coaching program in the orphanage focuses not only on individual development, but also on the formation of good social character. In the face of these challenges, it is important for orphanages to continue to develop and refine their mentoring programs. This includes periodic program evaluations and adjustments, ongoing training for caregivers and coaches, and cooperation with various parties, including the government, educational institutions, and the general public. With a strong commitment and a holistic approach, orphanages can play a very important role in shaping young people who are noble, independent, and ready to face the future with confidence (Moon et al., 2010).

Coaching programs in orphanages usually include a variety of activities designed to educate and nurture foster children in various aspects of life. This activity includes formal and non-formal education aimed at ensuring children get access to proper and equitable education. Formal education, provided through local schools or educational institutions in collaboration with orphanages, allows foster children to pursue the national curriculum and obtain a recognized diploma. Meanwhile, non-formal education such as supplementary courses, tutoring, and vocational training help children develop practical skills that can be useful in their daily lives and futures. Spiritual guidance is also an important component in the formation program in orphanages. Religious activities, such as recitation, prayer gathering, and other religious activities, are designed to help children develop strong spiritual and moral awareness. Through spiritual guidance, children are taught religious values that are the foundation for the formation of good character, such as honesty, justice, and compassion. This activity also gives foster children the opportunity to explore and understand their beliefs, as well as form a solid spiritual identity (Chairunnisa & Saburi, 2023).

Life skills training is another aspect that is no less important in the coaching program in orphanages. Children are taught a variety of practical skills, such as cooking, cleaning the house, managing personal finances, and communication skills. This training aims to prepare foster children to be able to be independent and manage their lives well after they leave the orphanage. In addition, this skill training also helps increase the self-confidence of foster children and gives them the ability to adapt to various life situations. Recreative activities that support the emotional and social development of children are also an integral part of the mentoring program in orphanages. Activities such as sports, art, games, and excursions are designed to give children the opportunity to have fun, develop their talents and interests, and build healthy social relationships with their friends. These recreative activities not only help children cope with stress and emotional distress, but also teach them values such as cooperation, discipline, and sportsmanship. In addition, the role of caregivers and coaches in orphanages is very important in setting a good example and guiding children in the daily application of moral values. Caregivers and coaches function as parental figures who provide direct attention, support, and guidance to foster children. They help create a safe and loving environment, where children feel valued and listened to. By setting examples of good behavior and applying consistent discipline, caregivers and coaches help children internalize the moral values taught in coaching programs (Winarti & Astuti, 2022).

In this overall coaching program, synergies between education, spiritual guidance, life skills training, recreative activities, and the role of caregivers are essential to create an environment that supports the holistic development of foster children. These programs are comprehensively designed to ensure that every aspect of children's development is taken care of, so that they can grow into individuals of noble character, independent, and ready to face future challenges. The importance of coaching programs in orphanages is not only to form good morals, but also to prepare foster children to become independent, responsible, and able to contribute positively to society. With a directed and consistent coaching program, it is hoped that foster children can overcome the various life challenges they face and grow into noble moral persons (Durlak et al., 2010).

This research will discuss the importance of moral formation through coaching programs in orphanages, the types of activities carried out, and their impact on the development of foster children. The main focus of this discussion is how the coaching program can have a positive and significant influence in shaping the character and morals of foster children, so that they can grow into good individuals and benefit the surrounding environment (Holmes et al., 2009).

## **2. IMPLEMENTATION METHOD**

This research uses a descriptive method of analysis with a qualitative approach. This approach was chosen because it allows researchers to understand in depth the process of forming the morals of foster children through coaching programs in orphanages. Data were collected through in-depth interviews, participatory observations, and documentation reviews. Interviews were conducted with foster children, nursing managers, and program coaches to explore their understanding of the moral development program and its impact on children's moral development. Participatory observation involves direct monitoring of coaching activities, interactions between foster children and coaches, and the behavior of foster children in the daily environment. Documentation review includes analysis of documents such as curriculum, activity reports, and developmental records of foster children to get a complete picture of the coaching program. Data analysis was performed using triangulation techniques to improve the validity and reliability of findings, through transcription of interviews and observations, coding data to identify key themes, theme categorization, and interpretation of patterns and relationships between these themes. The results showed that the moral development program in orphanages had a positive impact in improving the noble character of foster children, which was shown through increased discipline and honesty. These findings provide important insights for orphanage managers and coaches in designing and implementing more effective programs for the moral formation of foster children (Sugiyono, 2019).

## **3. RESULTS AND DISCUSSION**

### **Formation Program in Orphanages**

The Putera Harapan Muhammadiyah Children's Social Welfare Institute implements various coaching programs designed to develop the morals and character of foster children comprehensively and holistically. These programs cover various important aspects that include religious activities, formal and non-formal education, social and recreational activities, and self-development, so as to be able to shape foster children into individuals with noble morals and strong personalities. Religious Activities, This activity aims to instill strong religious values in foster children. Congregational prayer becomes a daily routine activity that not only teaches children about the importance of

worship, but also about time discipline. Regular recitations, memorization of the Quran, and religious lectures are held to deepen children's religious knowledge and strengthen their faith. The commemoration of Islamic holidays, such as Mawlid Nabi and Eid al-Fitr, is also celebrated meaningfully to teach the values of togetherness and gratitude (Wood & Goba, 2011).

Formal and Non-formal Education, Putera Harapan Muhammadiyah Orphanage provides tutoring to assist foster children in their formal education at school. In addition, skills training such as handicrafts, computers, and English are provided to improve the competence of foster children in non-formal fields. Moral education is also an important part of the program, where children are taught about ethics, manners, and universal moral values that can guide them in everyday life. Social and Recreational Activities, To form a social and empathetic personality, this orphanage organizes various social activities such as mutual assistance, visits to nursing homes or hospitals, and other social service activities. Educational games and joint recreation are also held to give children the opportunity to have fun, learn to cooperate, and develop their social skills in a fun and supportive atmosphere (Tambak et al., 2021).

Self-Development: This orphanage pays great attention to the self-development of foster children by organizing leadership training designed to shape the spirit of leadership and responsibility in children. Motivational seminars are often held to inspire and encourage foster children so that they dare to dream and strive to achieve their goals. Individual counseling is also available for children who need personal guidance to cope with their personal or emotional problems. With the implementation of these structured and comprehensive development programs, the Putera Harapan Muhammadiyah Children's Social Welfare Orphanage is committed to forming foster children who are not only intelligent and skilled, but also have noble character, are independent, and ready to face future challenges (Thorell et al., 2009).

### **The Role of the Caregiver**

Caregivers have an important role in the formation of the morals of foster children. They not only provide guidance and direction, but also set an example in daily behavior. As an ever-present figure in children's lives, caregivers serve as models that children emulate in various aspects of life. They show how to be polite, honest, responsible, and show respect for others through concrete actions every day. The consistent and loving presence of caregivers provides a sense of security and comfort for foster children, which is very important in the process of their emotional and social development. Caregivers who are able to establish a good and trusting relationship with foster children have a very significant impact on the formation of the children's morals. When children feel valued and heard, they are more likely to open up and accept advice and guidance from caregivers. This close relationship allows caregivers to recognize each child's unique needs and potential, so they can provide more personalized and effective support and guidance (Klingberg et al., 2002).

In addition, caregivers who show care and empathy can help children overcome various emotional and psychological challenges they may face. In situations of conflict or difficulty, caregivers who are calm and thoughtful can model how to deal with problems in a constructive and dignified way. They can also help children develop social and emotional skills, such as the ability to empathize, communicate effectively, and manage their emotions well. Thus, the role of caregiver is not only limited to academic supervision and guidance, but also covers broader aspects of the development of the child's character and personality. Dedicated and competent caregivers are key in creating an environment that supports the formation of the morals and character of foster children, helping them grow into individuals of integrity, compassion, and responsibility (Greenberg et al., 2003).

### **Impact of Coaching Programs**

The results of observations and interviews show that the coaching program at Orphanage X has a significant positive impact on the formation of foster children's morals. These impacts include important aspects of children's character development, which are seen through increased discipline and responsibility, positive social behavior, improved religious qualities, and leadership and self-confidence development. Children show marked improvement in discipline and responsibility towards their duties and obligations. Through a structured daily routine and consistent application of rules, children learn the importance of respecting time, completing tasks well, and abiding by rules. Activities such as daily tasks, study schedules, and participation in orphanage activities teach children to take responsibility for themselves and their environment (Hermenau et al., 2017).

**Positive Social Behavior,** Children become more honest, polite, and respectful towards others, and more concerned about the surrounding environment. Coaching programs that emphasize moral and ethical values help children understand the importance of honesty, mutual respect, and cooperation. Through social activities such as mutual aid and social visits, children learn to interact with others positively, show empathy, and help others. This helps them develop strong social skills and become better members of society. **Improving Religious Quality,** Children are increasingly diligent in carrying out worship and have a better understanding of Islamic religious teachings. Intensive religious programs, including congregational prayers, recitations, memorization of the Quran, and religious lectures, provide a solid foundation for children to understand and practice their religious teachings. Children become more disciplined in carrying out daily worship and have higher spiritual awareness. Their understanding of religious values has also improved, which is reflected in their daily behavior.

Children are more confident in public speaking and participating in leadership activities. Leadership training and motivational seminars organized by the parlor help children develop their communication and leadership skills. Children are encouraged to take an active role in community activities, such as leading prayers, organizing events, and organizing activities. This not only boosts their confidence but also equips them with leadership skills that are useful for their future. Overall, the coaching program at X Orphanage has succeeded in creating a conducive environment for the development of morals and character of foster children. The resulting positive impact shows that this program is effective in helping children grow into disciplined, responsible, noble character, and confident individuals. This orphanage, with a comprehensive and structured approach, successfully forms children who are ready to face life's challenges with integrity and confidence.

### **Discussion**

The formation of foster children's morals through a coaching program at the Putera Harapan Muhammadiyah Children's Social Welfare Institute Orphanage includes a comprehensive approach to developing the morals and character of foster children. This coaching program is designed with four main pillars: religious activities, formal and non-formal education, social and recreational activities, and self-development. Religious activities such as congregational prayers, recitations, memorization of the Quran, and religious lectures play a central role in instilling strong religious values and forming a solid moral foundation in children. Through this activity, children learn discipline in carrying out worship and develop a deep understanding of Islamic religious teachings. In addition, the commemoration of Islamic holidays also teaches them about the importance of togetherness, gratitude, and respect for religious traditions (Durlak et al., 2010).

Both formal and non-formal education equips children with tutoring that supports their academic achievement in school. In addition, training in practical skills such as computers, handicrafts, and English is provided to prepare children for future challenges. The moral education taught in an integrated manner in this program helps children understand and practice values such as honesty, responsibility, and hard work, which are essential for the development of their character. Social and recreational activities are an integral part of coaching programs aimed at developing social skills and empathy of foster children. Activities such as mutual aid, social visits to nursing homes,

and other social service activities teach children to interact with others positively, show concern, and work together in a wider environment. Educational games and shared recreation provide opportunities for children to have fun while learning, as well as help them develop interpersonal skills in a relaxed and supportive atmosphere (Holmes et al., 2009).

Self-development is focused on increasing the confidence and leadership ability of foster children. Leadership training and motivational seminars that are held regularly help children hone communication skills, take initiative, and lead activities. Individual counseling is also provided to help children cope with their personal and emotional problems, so that they can grow into mentally and emotionally healthy individuals. In this regard, caregivers play a key role as role models and guides, building close and trusting relationships with foster children to create a safe and supportive environment. Caregivers who have a good and trusting relationship with foster children are able to have a significant positive influence, help children develop self-confidence and independence, and guide them to overcome various challenges faced. The results showed that this coaching program had a significant positive impact on the formation of foster children's morals. Increased discipline, responsibility, positive social behavior, religious quality, and self-confidence are indicators of the success of this program. Children who join this program show better behavior changes, become more independent, and have a more positive outlook on life. With a structured approach and the support of competent caregivers, Putera Harapan Muhammadiyah Orphanage has succeeded in creating a conducive environment for the development of children's character and morals. This program can be used as a model for other orphanages in an effort to form children with noble character, strong personality, and confidence (Wood & Goba, 2011).

Social and recreational activities, such as mutual aid, social visits, and educational games, help children develop social skills and empathy. They learn to interact positively with others, show caring, and work together in a supportive environment. Self-development is focused on increasing self-confidence and leadership abilities through leadership training, motivational seminars, and individual counseling. In this regard, caregivers play a key role as role models and guides, building close and trusting relationships with foster children to create a safe and supportive environment. The results showed that this program had a significant positive impact, such as increasing discipline, responsibility, positive social behavior, religious quality, and self-confidence of foster children. Children become more independent, have noble character, and are ready to face future challenges. With a structured approach and the support of competent caregivers, Putera Harapan Muhammadiyah Orphanage has succeeded in creating a conducive environment for the development of children's character and morals. This program can be a model for other orphanages in an effort to form children with noble character, strong personality, and confidence (Tambak et al., 2021).

#### **4. CONCLUSION**

Research on the formation of foster children's morals through a mentoring program at the Putera Harapan Muhammadiyah Children's Social Welfare Institute Orphanage shows that a comprehensive and structured approach can have a significant positive impact on the moral development and character of foster children. The coaching program implemented in this orphanage covers four main pillars: religious activities, formal and non-formal education, social and recreational activities, and self-development. Religious Activities: Activities such as congregational prayers, recitations, memorization of the Quran, and religious lectures succeed in instilling strong religious values and forming a solid moral foundation in foster children. This suggests that deep religious understanding and practice can enhance children's spiritual and ethical disciplines. Formal and Non-

formal Education: Through tutoring and practical skills training, children are prepared to achieve good academic performance and possess skills useful for their future. The moral education inserted in the program also helps children understand and practice values such as honesty and responsibility, which are essential for strong character development. Social and Recreational Activities: Social activities such as mutual aid and social excursions help children develop social skills and empathy, while educational games and shared recreation enhance their interpersonal skills in a supportive and fun atmosphere. Personal Development: Leadership training, motivational seminars, and individual counseling play an important role in improving children's confidence and leadership abilities. Exemplary caregivers and mentors also make a significant positive impact, helping children overcome emotional challenges and build trusting relationships.

Overall, the results showed that the coaching program at the Putera Harapan Muhammadiyah Children's Social Welfare Institute Orphanage was very effective in shaping the morals and character of foster children. Children who participated in this program showed increased discipline, responsibility, positive social behavior, religious qualities, and self-confidence. The coaching program implemented can be used as a model for other orphanages in their efforts to form children who have noble character, strong personalities, and are ready to face the future with confidence.

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